



The Maungaturoto Edible Village Project

Wow, wow, wow! The Maungaturoto Edible Village Project has begun with the creation of an orchard around the Centennial Hall. We had 25 people turn up to help on the day! Some only for a much-appreciated wheelbarrow-pushing hour, while some stalwart people plodded and planted and pushed and shovelled for the whole Working Bee.

We want to thank each and every one of you. Everyone was very welcome, very helpful and an integral and wonderful part of creating this legacy in our wonderful community.

We started off with a blank canvas of mowed kikuyu grass full of holes that had been dug by the lovely Sam Hodgetts with his digger the day before. And we were so grateful for those holes! It meant we could just pop in the fruit trees with no heavy digging! Yay!

The first job was to plant the trees and then the next task was to lay on cardboard to smother the kikuyu. Cardboard, which many of you know I have been stockpiling for the past few weeks, with a constant "is-it-enough-is-it-too-much?" theme running through my head. It was a massive mountain of



cardboard craziness dumped outside the Centennial Hall and it looked like there would be no way we could possibly use it all, but we did! Every box, and piece of packaging was utilised and layered over the kikuyu around the trees.

Next came silage around each tree, generously donated by Ashley Cullen.

The silage was placed in a circle, forming the shape of a wee garden around each tree. On top of this came Grandpa's Garden Mix from Kaipara Landscape Supplies and then last, but by no means least, came some gorgeous dark mulch that KDC had kindly donated. This mulch is the residue from the

cyclone-felled trees over in Mangawhai and it's wonderful to see their sad demise put to good, fruitful use. In that nest of goodness we planted a whole range of support plants; comfrey, yarrow, herbs, etc.

In between all these tree circles (or guilds as they are known in Permaculture) we layered wheelbarrow after wheelbarrow of pale coloured post peel, forming a network of pathways weaving between the fruit trees.



It was, at times, a hard slog in the muddy showers, but we were so grateful for every sparkle of sunshine and every new person who rocked up with renewed energy and vigour to push a wheelbarrow or cart a bucket of mulch. We were all kept well fed and nourished by Elizabeth's delicious cooking and the whole day was documented by the talented Sam Kemp.

Don't despair if you missed out! There is plenty more to come and we are super excited for the next working bee on August 2nd. See p9 for details.

Josie Gritten



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Paparoa School news

We wrapped up Term 2 with an exciting adventure- the Year 5 & 6 camp at Lakewood Lodge near Huntly. The sunny weather made the experience even better, and the students returned home tired but full of stories and excitement from their time away.

A huge thank you to the Paparoa Depot Trust for their incredible support, which ensured that every student was able to attend. Over the camp, students enjoyed archery, ziplining, horse games, a mud run, and a challenging survivor day. There were plenty of

moments where students had to push past their fears - especially on the rock climbing wall - but what stood out most was how encouraging and supportive our small Year 5 & 6 group was towards one another.

During the term break, we also made some improvements around the school. Non-slip matting was installed on the decking and

ramps around the kitchen to ensure safety for all, and Yuri from North Tanks provided excellent service while thoroughly cleaning out all of our water tanks.

Looking ahead to Term 3, we have a busy and exciting calendar. Our annual Possum Purge fundraiser will take





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A reminder to our contributors!

We need all advertising material by the 15th of the previous month and all editorial copy by the 20th. We cannot guarantee the publication of any material received after these dates.

While we always welcome editorial content we reserve the right to decline or hold over any articles outside our regular columns.

Opinions expressed in Paparoa Press are the author's own and not necessarily those of the editor or Progressive Paparoa Inc.

place during the weekend of 12-14 September, with a gala event to be held on Sunday 14 September. Planning is also underway for our much-loved Pet & Show Day, which is always a highlight of the year.

We look forward to seeing our community come together to support these events and share in the fun and success of the term ahead.

Karyn Taylor
Principal



Otamatea St John Area Committee TRASH AND TREASURE

To be held 29 September – 3 October 2025 at the Centennial Hall, View Street, Maungaturoto.
(Please note that this is the second week of the school holidays)

We have limited storage available, so will accommodate you if we can. If you want to drop things off prior to the event, don't just leave them outside without contacting either Terri or myself.

My contact details, Eileen – 021 142 0357 or email me at: b.parsons@xtra.co.nz to make arrangements.

Paparoa Press
is also available online at
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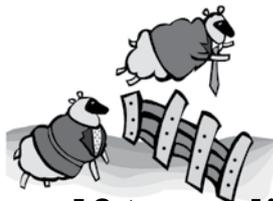
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Comment from Mark Vincent

Candidate for the Otamatea Ward of the Kaipara District Council about suggestions that council rates should be capped.

I am on the Taxpayers Union mailing list, which has recently been frothing at the mouth about attempts by Local Government NZ to oppose the imposition of rates capping. Here is my response:

Dear Jordan,

For your information the Kaipara District Council is not a member of LGNZ, something I did not vote for. Putting a cap on rates is nuts unless there is an alternative source of funding. There have been

several reviews of how council activities could be funded but they all seem to come back to rates, which will always be a blunt tool resulting in inequities. The blunt reality for us is that we don't have enough money to fund the things we should be providing, let alone providing as much for growth as we should. For instance, we are not yet fully funding depreciation of all our assets, so we cannot pay for all required renewals without either increasing debt or increasing rates. Of course if we don't do the renewals we end up paying more for repairs. That is without having to allow for increased standards being imposed by central government edict, resulting in more expensive renewals.

Perhaps you would like to come and talk to our council about your viewpoint at one of our meetings in our council chamber (we don't have one) or maybe have a chat with the mayor in his office (he doesn't have one).

FYI, we are reviewing our development contributions policy at present so that growth

can more fully pay for growth, but the restrictions of the legal framework mean that there is usually slippage between the date when the dollar amount is fixed and when the work is done. Construction costs can increase considerably more than deposit interest rates in say, 5 years, ie the money collected five years earlier, and presumably earning interest for council will still deliver less on or in the ground when it is time to build the new infrastructure. I would be in favour of developers being able to defer payment of their DCs as long as the dollar amount is able to be adjusted for inflation at the time of payment.

Or, to put all that another way, capping rates might be viable if we have no inflation, no growth, no new requirements from central government, and no expectations of increased services from citizens, and as long as existing rates fully fund depreciation on all assets.

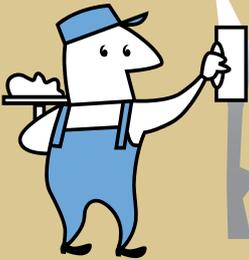
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Authorised by Mark Vincent
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Paparooa War Memorial Hall AGM

The Paparooa War Memorial Hall Committee would like to invite you to their AGM at the Hall on Monday 11 August at 6pm.

All welcome.

Come along, meet the Committee, find out more about the Hall and enjoy some cake!

Remember the Hall is available for the community to hire at great rates. Phone 09 431 7306.



REMEMBER!
Either way it's 20k
when you pass a school
bus that's picking up or
dropping off children.

At the market

Wendy Gregory, who trades as WG Pottery, is one of the newer stallholders at the Paparoa Farmers' Market, although she moved to the district 10 years ago. Originally from England, she and husband Pete moved to New Zealand in 2012.

When Wendy got a job as a recovery nurse at Kensington Hospital, they went looking for properties within an hour's radius of Whangarei and found a lovely old kauri house on a few acres near Paparoa. Wendy is still nursing, but her hobby is pottery and working with clay, and she plans to retire from work in a couple of years and spend her time doing what she loves to do.

Wendy buys 10kg blocks of stoneware clay from the Quarry Gardens in Whangarei and she either hand builds or uses her potters wheel to make all sorts of items. She enjoys making kitchenware such as mugs and bowls, as well as garden art and Christmas decorations, and some of her favourite pieces are the Green Man faces. These are faces almost hidden by green foliage (traditionally oak leaves) and based on the Green Man motifs found in architectural sculpture on English buildings from as early as the 12th century. They are thought to

represent the cycle of new growth that occurs each spring. To make her versions of the Green Man, Wendy is inspired by leaves from local trees and imprints them into the clay, then cuts around each leaf and layers them onto the face. The face is then fired in the kiln before being glazed and refired and the finished product has incredible detail of the shape and veins of the leaves.

While not a potter, husband Pete is a great handyman and he has made a recycled potters wheel for Wendy. Pete is the inspiration behind the building and joining of her art with the wood, as Wendy incorporates recycled timber and driftwood into many of her pieces.

Wendy is loving being a part of the Paparoa Farmers' Market. She says the stallholders have been so friendly and welcoming, and she has received lots of support and advice. The 'coffee round' from Karyn at Haven is especially appreciated, after setting up stalls on Saturday mornings,

and Wendy really enjoys the music from Don and Sam who keep the atmosphere buzzing. Make sure to say hi to Wendy next time you're at the market and check out her wonderful pottery. For a preview you can find some of her work on her Facebook page Paparoa Porter. Pete



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I've been thinking...

Lovely ladies...

In the last wee while I have had two totally chance conversations with lovely ladies who shared concerns, but different perspectives, on the demand for housing.

Lovely Lady one was vehement in her condemnation of the Government for insisting that District Councils make land available for development. She deplored the fact that so much rich farmland, e.g. South Auckland, was becoming concrete plated and

unproductive.

Lovely lady two was critical of Kaipara DC's District Plan allowing more subdivision in the Paparooa environs claiming it would destroy the characteristics which make the area special.

It's all about change.

I'm sure we will all agree that change is inevitable. Situated as we are within working distance of Auckland, there is no way that we can stop the increasing pressure of would be immigrants. Our community has not been totally rural for a very long time.

The first influx of newcomers was probably holiday makers and retirees, basically people who did not need to find work locally, but the development of internet technology and the ability for folk to work from home, made our area more attractive.

I remember a time when there were 11 houses on our stretch of road (about four km). Today there are about 100. That's a huge change. Has it been a bad thing?

I no longer know everybody, so some of the community closeness has gone. But

there are so many more interesting people, local organisations, and a greater choice of leisure activities.

There's much more traffic on the road and it's not much fun to walk or take animals, but the road is now sealed- certainly a plus. It all balances out.

The important issues are how we accept change and how it is managed.

I have no understanding of the politics of the matter which had LL1 so irate and can only suggest that we elect councillors who can be trusted to consider our views and who have the brains and vision to ensure that the provision of infrastructure parallels development and population growth.

However I do share her dismay at the loss of productive land. If preserving fertile land of good contour for agriculture means sacrificing the hilly stuff to subdivision, so be it.

And LL2 is quite right. Our community will change. But not to worry. There will be more people who, like her, find pleasure in our slower pace of life and, as does she, add greatly to the strength and diversity of our society.

RS



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Otamatea High School Board of Trustee elections



Nominations are being sought for five (5) parent representatives for the High School Board. You do not need to be a parent to be nominated but must be nominated by someone on the

parent roll. If you are on the roll, you can nominate yourself. Forms have been sent to all on the parent roll but you can get a copy from the High School office.

Nominations close- 6 August 2025

Eileen Parsons, Returning Officer

Paparoa Community Gym update

The community gym at the sports pavilion has been really popular since it started earlier this year. We have around 60 paid up members using the gym at various times of the day and night that suit them. It is open 24 hours a day using a pin code with a variety of cardio machines, free weights and a multi weights machine.

The Paparoa Sports and Recreation Association are delighted with the usage and support. So much so, that we are now creating a third room, utilising the second changing room of the previous rugby club. There were lots of active, fit and tired bodies in these spaces in the past so it is fitting that the old changing rooms and showers are used for our

community gym.

We are looking for your feedback and thoughts on what you want in the third room? Ideas have been more cardio machines, such as treadmill, cycle, or multi option; a punching bag, more free weights and space to lay on the floor for stretching and using dumbbells. What are your preferences? Please let us know by emailing

hames.jones@xtra.co.nz and we will do our best to meet the needs.

Anyone wanting to join the gym can also email me and I will send a registration form and information, or pick up a form at Skeltons Drapery.

Mauri ora- Good health

Libby for PS&RA



Kyle
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RUBBISH RUBBISH RUBBISH

All along our roadsides and dumped in bags on country roads- Why?

Are we a lazy nation?

It costs \$4.40 to buy a council rubbish bag and \$2 for a yellow recycling bag, but I bet it costs over \$100 for the council to go out and pick up the mess. It also costs the dumping person petrol or diesel to find a quiet country road. If the council has to spend dollars on rubbish removal then there is less money to fix roads and potholes! Rates have to rise to cover expenses and rents go up.

If it's rubbish dropped on the state highway, then a crew has to come out with safety systems in place, and the cost of picking it up sky-rockets! How hard is it to have a rubbish bag in your vehicle to put waste in so you can dispose of it into a bin.

Remember gravity is a force that works 100% of the time so that most dropped rubbish will go into waterways and end up in the harbour. The plastic does not disappear but gets eaten by organisms in the sea - killing some of them - making others sick.

Keep a rubbish bag in your vehicle and dispose of cans, bottles, plastic wrapping etc, by putting it out in a council bag for collection and recycling.

Please teach your family by your example to do the right thing or we may as well forget 'Clean Green NZ'.

PLEASE FOR THE SAKE OF OUR CHILDREN, WATERWAYS, WILDLIFE, COUNTRY AND THE FUTURE DON'T THROW YOUR RUBBISH OUT ON OUR ROADSIDES WHETHER IN A BAG OR NOT!

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Letters from The Old Post Office...

Or, Dear Reader, simply neurodiversity. It has come to my attention, belatedly, that there may be a reason for mine and others inability to get on with it. Reasons to do with being incredibly creative and capable of intense over thinking.

"Neurodiversity describes differences in brain function from person to person that affect daily mental functions. It's a philosophy that embraces differences in brain function and behavior as a natural manifestation of humanity's variety..."¹

And Dear Reader, if the

beloved offspring are to be believed then they have always maintained that not only is my brain function "divergent" to put it in kinder terms than they are apt to use, but all of me is "divergent". Fashion sense, language etc, etc Clearly, all their good points came down the male line. Even if it is Welsh.

However, apparently procrastination is one of the indicators of the neurodiverse. "Being gifted can lead to burn-out and creative stifling. This can be for a number of reasons including finding repetitive tasks or unstimulating work extremely boring, especially if their natural curiosity and creativity are discouraged."²

Excellent. Not only can I blame my wiffle waffling on burn out because tasks are boring, but it is probably my parents and/or teachers' fault. Double blame game win. Leave any boring work for those less gifted...

Procastination is defined as "the act of delaying something that must be done, often because it is unpleasant or boring". And unfortunately so many things seem to fall into this category. Vacuuming must be high on the list, I think I have previously made mention of my still life installation? Usually parked somewhere I can manage to step over for weeks and never stoop to use. Yes, that man made machine "the vacuum". Such a waste of space. Although to my amazement some people actually quite enjoy it. However, I am with Brian Tracy on this one, "One of the very worst uses of time is to do something very well that need not to be done at all". And, I put it to you a little dirt and dust is healthy, develops the immune system and a unique ecosystem all of its

The art of procrastination



own. I never know what exciting form of insect life may come crawling across the floor. Ruud Kleinpaste, eat you heart out.³

The thing with procrastination is that it takes a bit of energy to do it. So many other things may be accomplished while the thing that should really be done, languishes in the corner of your mind sending out slightly muffled calls and waving its hand in a sort of despairing way. I have found myself emptying the handbag, the rubbish bin, the fridge rather than vacuum. I know, Dear Reader, it passes my understanding too.

Yet again, Edward Lear wraps it up quite nicely and with the full agreement of the sainted offspring I quote below. Just gendering it in a diverse sort of way.

"There was an old person of Woking,

Whose mind was perverse and provoking;

He/her/it sate on a rail, with his/her/its head in a pail,

That illusive old person of Woking."⁴

My shilly shallying, my putting on the burnering, my dilly dallying, my pottering will, no doubt continue. Unless I fear running out of wine, then I can go tout suite, poste haste with no dilly dallying to the liquor outlet. How very sad.

Ka kite ano
Deb

1. www.verywellmind.com/what-is-neurodiversity-5193463

2. www.brainzmagazine.com/post/what-is-the-real-cause-of-procrastination-an-d-perspective

3. Ruud Kleinpaste, NZ naturalist, host of animal Plant series "Buggin' with Ruud."

4. Sate is the archaic past tense of "sit".

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OCS August News

Firstly, we congratulate one of our drivers who has been chosen in the 2025 Kaipara Citizens awards. Gary Dallas was chosen in the Long-Term Extraordinary Service Award category. He was one of the group who have shown outstanding dedication to their communities. All most deserving of their awards. OCS contributed to Gary's selection with a letter of support.

Hopefully you have all been able to stay warm and dry over this period of heavy rain. Our heart goes out to those in the Nelson area who have been subjected to much more than their fair share of water.

Our calendar for August is as follows:

Shopping in Whangarei in our van: **Tuesday 12th** and **Wednesday 27th**. The van leaves the carpark area at the Maungaturoto Retirement Village at 9am and returns after lunch.

Wednesdays - Mike's 'Dancing Dollars' - a chance to show your skills at shopping, preparing, and serving a tasty meal at low cost. Come along to the Community House, 155 Hurdall Street- from 11am. Share your own ideas about making the dollars stop dancing out of your pocket.

We are open Monday to Thursday, 9am to 4pm, and Friday 9am to 3pm. Our services include counselling, parent coaching, financial mentoring, social work, family support. We no longer operate a food bank. All services are free of charge.

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MAUNGATUROTO EDIBLE VILLAGE PROJECT

WHAT?
Fruit tree planting at the Maungaturoto Country Club and maintenance of existing fruit trees.

WHY?
This is a part of the Maungaturoto Edible Village Project. Upkeep of previously planted trees at the MCC and planting new ones.

WORKING BEE

WHAT TO BRING?
TOOLS: spades, forks, gumboots, wheelbarrows, gardening gloves
FOOD TO SHARE: we'll have some people in the kitchen creating a tasty shared lunch.
Only got an hour to spare? Come along anyway! Every pair of hands makes a difference!

WHO?
You! Me!
All of US makes this an awesome community project!
Only got an hour to spare? Come along anyway! Every pair of hands makes a difference!

DETAILS

WORKING BEE: Maungaturoto Country Club, Bickerstaffe Road
SUN 3rd August 10am

MORE?
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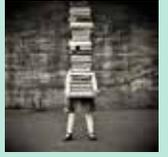
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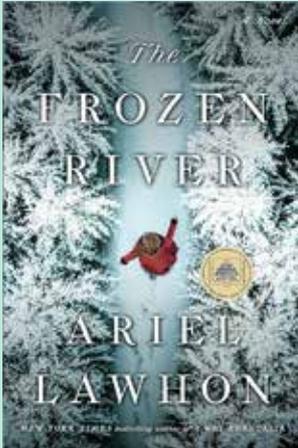
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BOOKS AND BOOKCLUBS

Some humour to dispel the winter blues – Clare Pooley’s “How to Age Disgracefully”. Young readers, don’t be put off by the title, not all the characters are over sixty, one is a middle-aged put-upon wife, and another a teenage single-Dad with a baby not yet one, so it covers all generations. They all behave disgracefully and have many secrets to hide. Clare Pooley is a wizard when it comes to inventing characters, (you may have read “The People on Platform 5”) and in spite of their many flaws, you can’t help but be drawn to them as all their secrets are exposed, to each other and to the world at large, including the pertinent authorities. A brilliant beginning that leaves you hanging. Then you put it aside as you journey through the story, only to be hit with it again by the ending. Very clever writing – I love this author.



I do wonder what Jane Austin would think of all the variations of Pride and Prejudice that are around today, in television as well as books. She may very well have been as impressed by Colin Firth in a wet shirt as are so many modern women. Curtis Sittenfeld (a female author so don’t let the name confuse you) has re-written the theme set in modern-day America. Mr Darcy is a Brain Surgeon and his friend, Mr Bingley is the star of a television series, similar to “The Bachelor”, if you know of it, where at least twenty eligible women vie to win the heart of The Bachelor. This modern version is titled “Eligible”. It still reeks of the pride and prejudices of its characters and is hilariously funny. My favourite line is when Mr



Bennet says to his daughter Elizabeth: “How fortunate we are to have you come and organize our lives for us Lizzy, I don’t know how we managed these last forty years without you.” So true of daughters and aging parents. It is starkly, even somewhat darkly different to the world according to Jane.

“The Frozen River,” by Ariel Lawhon takes us back to the late 1700s, and by comparison to the events in this novel, we are much better off where we are in the present. Inspired by an old diary of a real midwife of that era, it is primarily a novel about injustice, where bad guys can get away with murder because of wealth and social standing, while women and the poor working man are blamed, fined, imprisoned, guilty or not. Aside from this, and what gripped my heart, was how poignantly the author portrayed love in daily, family life, in a small American village, in the middle of winter. The midwife, middle-aged with grown children of her own, happily married, living in a Mill house by the river, is tough, loving, truthful, brave, and fierce when defending her own. In the opening pages a body is found in the frozen river, murdered not drowned, so it is a bit of a whodunnit. At times it will have you seething with rage as justice is not done nor seen to be done. And the conclusion is shocking! Nevertheless, there is a goodness that permeates the pages. I rate it as one of my best reads.

Anne Bate

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White Rock Gallery

We are all awaiting some warmer temperatures even here in the Kaipara.

White Rock Gallery opens its "LATE WINTER" exhibition on 1st August 2025 as we transition to Spring. A visit will be worth it as you discover beautiful art and craft by local Kaipara artists in a great setting. The new exhibition will run for two months until the end of September 2025. There will be something for everyone.

We are located at 5 Church Road, Matakoho, in The Post and Telegraph Office, next to the Kauri Museum, and have a range of work by local artists & makers including paintings, mosaics, jewellery, textiles, quilts, wood work, steam punk items and great range of greeting cards.

The piece pictured here is 'Steampunk Nelly' from Artist Sue Dunn of Ruawai.



Remember - White Rock Gallery is open 7 days, 10am-4pm.

Check out what's on offer online too. We have Facebook and Instagram pages. @WhiteRockGalleryNZ.

"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is time for home." - Edith Sitwell

Some moments in Paparoa's history

- 2002- "Welcome to Paparoa" signs erected.
- 2003- A new name for "Paparoa Valley Rd".
- 2004- New look for "The Landing" with picnic tables in place.
- 2005 - Changeable word sign & Paparoa website up and running.
- 2006 - WOW - wearable arts, later changed to WAG (Wearable Arts Gala).
- 2007- Fortnightly Farmers Market underway.
- 2008- Pahi Possum Patrol launched.



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Calling all creative folks

The Paparooa Lions Club is holding their inaugural Bling a Bra Exhibition as a fundraiser for the Breast Cancer Foundation in October.

It'll work like this.... Decorate a Bra and deliver to Skelton's Drapery, Haven Cafe or a Lions member before midday, Friday 10th October. Free bras available for this from either store above or Maungaturoto Op Shop.

The Bras will then be set up as an exhibition, hung on hangers on display stands in the Paparooa Hall.

Each will have a number allocated, and a jar with the corresponding number on a table under the stand.

Come into the exhibition 10th-12th October (hours will be announced closer), vote for your favourite by placing a gold coin in the jar showing that number. Prizes for the two bras which raise the most donations in each category.

Entry fees \$5 Adult and \$2 Children up to 16. Winners will be announced at our Pink High Tea on Sunday 12th.

Any questions contact Sarolta 0212702135.

Bling a Bra



Bream Bay Community Trust monthly drop in sessions

2nd Thursday of the month, Taipuha Hall
11am - 1pm, starting 14th August.

Ask us anything...

Come have a cuppa, ask questions, and connect with our team of Social Workers, Family Support, Youth Mentors, Counsellors, and Art Therapists

We are there for parenting support, safety concerns, youth mentoring (12 years+), social connections, mental wellbeing, addictions, counselling, and art therapy.

We also offer access to other agencies, advocacy, employment help, financial support, and more.

Call us: 09 432 7197 or visit: www.bbtrust.co.nz

Let's connect, support, and grow - together.



Because one wild horse isn't enough!

Young local horsewoman, Stevie-Raye Ball, has taken on another juvenile Kaimanawa horse from the July muster. You may remember the previous story about Stevie-Raye and Morgan Chandler Bruce and their beautiful horses from last year's muster.

The new horse, Brassy, has made incredible progress over the last eight weeks and is really starting to shine. He now halts and unhalters calmly, showing a real sense of trust and confidence in his handling. One of the big

milestones we've reached is float loading - Brassy now loads onto the float quietly and with no hesitation, which is a huge achievement and sets him up well for future travel.

Stevie-Raye and Brassy have been going on regular adventures around the property and this has helped build his confidence in new environments. He's been taking everything in his stride - exploring with curiosity and staying connected throughout.



Follow SR Equestrian on FB

Make your own Masala Chai

(Masala = spice, Chai = tea)

Ingredients

- 2 1/4 cups water
- 1 3-inch cinnamon stick
- 3 whole cloves
- 4 cardamom pods, cracked open
- 3 black peppercorns
- 1/2 tsp fennel seeds, optional
- 1/2-inch fresh ginger, peeled and sliced
- 3 black tea bags or 3 level tsp loose leaf black tea
- 1 cup milk
- 4 tsp sugar (optional, to taste)

Instructions

Place water, and spices in a saucepan and bring to a boil, then add the tea bags or tea leaves.

Reduce the heat to medium-low and simmer gently for 7-10 minutes, depending on how strong you'd like the tea and spices. It will turn a deep burgundy color and reduce slightly.

Add milk and sugar and stir. Bring almost to the boil then reduce the heat to medium and simmer for five minutes. Strain and enjoy.



As much as the weather hasn't been good, it also hasn't been terrible for growing our veggies in the raised beds. Currently we are trialling having our harvest on a Saturday morning from 8.30am. If you are visiting the market or Aladdin's Cave please feel free to drop in and check out what we do.



Last month we harvested rhubarb, broccoli, cauliflower, silverbeet, herbs and lettuces and also a few potatoes. These are all going to the Good News Church food bank along with some lemon honey when our volunteers have time to make it. We harvest from 8.30am until finish on Saturdays. Please get in touch if you want to help out with harvest as we don't do it every week at this time of year- phone Jan on 021 431 724.

It has been wonderful to welcome two new volunteers on Fridays. Their help is greatly appreciated.

Our AGM will be held on Wednesday 17th September 2025 at 5pm in the Sports Pavilion. All welcome!

Aladdin's Cave Open 10-2pm every Saturday

It has been wonderful to welcome people from all over the district and as far away as Whangarei into Aladdin's Cave. Whether regulars or those who just stop on the way through- it's always great to see you.

Each Saturday we have been running a special on a section of the shop (such as bric a brac or women's clothing and so on) as well as our fill a bag for \$5 dollars from the boxes at the front of the shop. These specials have been received well and we will continue to do this on a weekly basis.

If you are down at the market we are only a short stop up the road afterwards, we look forward to seeing you!

Katie Fullerton

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Kaipara art & craft
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- By recycling, you can save 400kg of plastic from polluting our rivers, oceans, and the environment.
- Conserves resources, reducing the need for virgin plastic production, which saves fossil fuels and decreases greenhouse gas emissions.
- Supports a circular economy by encouraging reuse and remanufacturing, extending the life of plastic materials.

For more information and to enquire about recycling your plastic items, contact Vision Plastics at tanks@vpls.co.nz or ph 09 427 0674.

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Maungaturoto and Districts Rotary



Our Interact Club will have their first outing during the first week of Term 3. They have decided that they would like to have more interaction with the people in the Maungaturoto Rest Home. The plan is to get involved in activities with these people, but many of these residents do not have a great deal to do with young people and this will be a great time for interaction which will be beneficial for both groups. This group hopes to have at least three more sessions before the end of Term.

We were fortunate to greet our new Exchange student, from Belgium, Alina. Alina will be staying with Jaime and her family, and as Jaime spent last year in Belgium, she will not only understand what it is like to be on the other side of the world, but to live in a country where the culture is different. Our Club is also supporting another student who is going to Argentina next January. Penny is fundraising by cleaning windows, so if you see "Shimmer and Shine" in your area, and want your windows cleaned, please get in touch with Penny.



President Tim is having a stall on most Saturdays at the Paparoa Market. From his property (Puketitri) in Hawkes Bay he has been able to harvest slabs from previously felled redwoods that had been left as undesirable. Not only is Tim cutting this into slabs which he will use to construct a house on his property, but he is also using the timber to create coffee table tops and the like. Check out Tim's stall as you will see that the grain in this timber is quite unique. Eric and his wife are also supporting this, Eric with toys made from timber, and Jill with beautifully covered cushions. More items will be added to the stall as they become available.

Our Club, at the initiative of Merv Huxford, has found a way to support Kaiwaka Can who are in the process of obtaining resource consent to place a pontoon at a tributary of the harbour near McClean Park, that will enable kayakers and the like to more easily access the water, regardless of tide.

Tim and I were fortunate to join the members at the Dargaville Rotary Club on the occasion of their changeover. As was the case last year, we were entertained by a group from Dargaville Little Theatre who have just finished a season in "Out of Mind". This amateur group has won a place in an international theatre festival in Monaco in August. While the story was very serious, the presentation and the harmony was fantastic. We wish them all the best next month.

We were also fortunate to have Jane Stearns and Richie Guy come to talk to us about the Northland Community Foundation. Not only does this group provide grants to people in Northland once a year, but it also provides an avenue for investment.

Eileen

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Linking Hands

You never know when you'll need them...

Linking Hands health shuttle services rely entirely on donations, grants and volunteers to operate.

Without this help they would not be able to continue to help the community get to their much needed health and well being appointments.

They are still running their vehicle replacement fund to keep their fleet of vehicles up to a high safety standard.

They have a givealittle page, or scan the QR code to make a donation.



<https://givealittle.co.nz/org/linkinghandsinc>

Paparoa Tuesday mornings

The mornings have been chilly and we've even had a few frosts - so why would you get out of bed early if you don't have to?

Fortunately there are activities in town that allow you to have a bit of time to defrost first. A couple of these take place on a Tuesday morning at the War Memorial Hall.

At 10am on the 1st and 3rd Tuesdays of the month the Paparoa Mah Jong Group get together in the sunny dining room. They would love to see some new faces so why not pop along and see them - they can even teach you how to play.

In the main hall every Tuesday at 10.30 we have a one hour exercise class run by Stacey Watson. This is a gentle (mostly) mix of stretching, balance, dance, resistance bands and zumba. This is a fun class and at just \$5 is a bargain.



PAPAROA PRESS NEEDS YOU!

Things happen in our little village (and surrounds) but we often don't hear about them until weeks or months later... or not at all...

If you have a story, event, obituary, or news item you think the community should, or would like to hear about - then please, please, send it to us.



We can't be everywhere and know that there are many goings-on that simply pass us by.

Email press@paparoa.org.nz by the 20th of the previous month.

If you would like to make a regular, or casual, contribution we'd love to hear from you.

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Science Corner



Why do elephants have big ears?

Elephants have the largest ears of any in the animal kingdom. How does this help them? Well, it's a cooling mechanism.

The ears of African elephants (*Loxodonta africana*) can grow up to 6.6 feet (2 meters) long and 4 feet (1.2 m) wide, while Asian elephants (*Elephas maximus*) have slightly smaller and rounder ears- about 3 feet by 2 feet.

The large surface area of the ears enables the elephant to release heat. As their blood temperature rises the elephant blood is redirected through their ears.

Their blood has a higher temperature than the surrounding air temperature which means the heat dissipates into the atmosphere. The cooler blood then moves back into the elephant body.

But elephant ears are also helpful in other ways – as they also funnel sound waves and help them to hear lower frequency sounds. Their feet can also detect low frequency vibrations through receptors called Pacinian corpuscles helping the animal to communicate over many kilometres.

So not only are elephants very intelligent, have long memories and complex social behaviour but also they have a great cooling mechanism.

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Wandering Salamander (*Aneides vagrans*)

This small creature grows to about 80mm (3.1 inches) and lives in California and Vancouver Island in the redwood forests. It lives on spiders, snails and insects.

Unlike other amphibians it lives in the trees most of the time, hiding in cracks in the bark. It glides between the world's tallest trees- up to 90 metres above the ground.

It has a special mechanism for making sure it does not slip off the branch when landing. It has 18 square ended blood powered toes that are finely controlled. Before take off they fill their toes with blood which detaches their grip - then on landing they empty their toe blood increasing the grip surface area to the branch. They then adjust the position and



amount of the blood to gain the best grip. This pressure is regulated dynamically whether stopping, gripping or releasing.

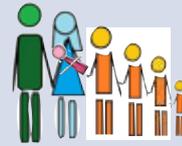
This natural mechanism of the Wandering Salamander has bio inspired designs for man.

Again, nature teaches us.

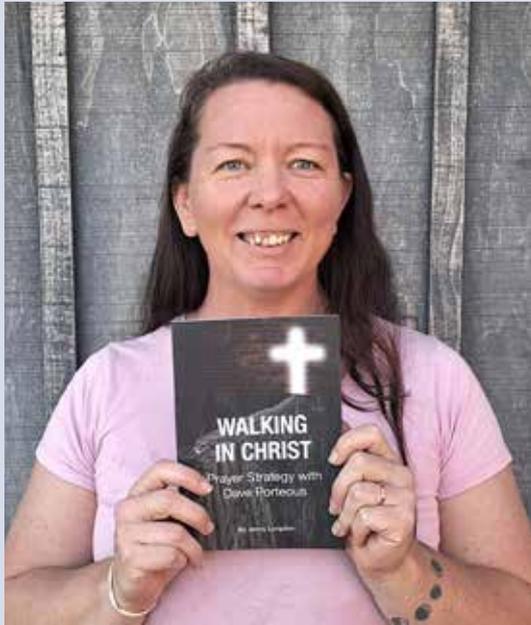
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From our family to yours

New Book Available!



We'll be taking a break this month from hearing about my excessive chicken collection (back up to 35!!) or kooky childrens antics, to share instead a project that's been two years in the making. I am excited to announce I am now an officially published author. Long time coming, as I've wanted to be a "proper" writer since I was six! And no, I'm not talking about the Paparoa Press, but the author of a book that's been finished in collaboration with Dave Porteous of Pahi.



He came to hear about me through the Press, and we chatted back and forth for months, primarily about a prayer strategy that the Lord had led him to share at Paparoa Community Church. Dave also has a great knowledge about the property now known as YWAM Zion on Wairere Rd, as it was the Porteous family farm when they first moved to the area in 1972.

And now you too can read about it! Even if you aren't a Christian, it's always wonderful to learn about local history and Dave has many great stories that might make you wonder deeper about the spiritual side of life, hidden in ordinary garments.

The book "Walking in Christ; Prayer Strategy" is available by contacting me via email, longberd264@gmail.com, or have a chat when you see me and the kids sitting outside the store eating lollies!

Have a great August!

Jenny

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Paparoa War Memorial Hall



AGM

**Monday 11th
August 6pm**
at the hall
All Welcome

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Derek Birt, Mareretu
4316847

Karen Weber, Matakoho
431 7087 or 027 272 6676
By appointment.

WHAT'S ON - JULY 2025

The Kauri Museum - open 7 days, 9am-5pm.

White Rock Gallery - 5 Church Rd Matakoho (Kauri Museum) Open 7 days 10 - 4

Maungaturoto Edible Village Project Working Bee - Sat Aug 2, 10am at the Country Club. See p9 for more info.

Ceilidh - Sat Aug 2, 7.30pm. A fun evening of Celtic dance, entertainment and music. See p17 for details.

Tea & Talk - Sat Aug 2 & Sept 6, 3 - 4.30pm. \$8. Contact Kirsten to book a place on 0211807321. See below.

Paparoa War Memorial Hall AGM - Mon Aug 11, 6pm at the Hall.

Bream Bay Community Trust Drop In - Thurs Aug 14, 11am - 1pm at Taipuha Hall, 171 Taipuha Station Rd. See p12 for more info.

Kaipara Wool & Fibre Festival - Sun Aug 17, 10am - 3pm, at the Country Club. See back page.

Coming up in September

Paparoa School Possum Purge - 12 - 14 Sept.

OUT & ABOUT AROUND TOWN

Paparoa's Farmers Market Happens every Saturday morning, 9am-12 at the Village Green. Fresh fruit & veges, sweet treats, plants, fish, eggs, assorted crafts, live music and so much more. A great place to catch up with friends or make new ones.

Grow Whakatipu Paparoa Drop in for a chat, hands on experience, or a cuppa. Every Thursday & Friday 9am - 12pm. Next to the showgrounds.

Paparoa Golf Course Winter golf programme every Sunday from 2 March - 10am start for 18 holes, 12.30 for a 1pm start for 9 holes. \$10 haggie includes food. Eftpos available. Enquiries 022 678 1474.

Ballroom Classes Monday evenings at the Paparoa Memorial Hall, 6.15 - 7.45pm. An hour of tuition (social foxtrot, waltz, cha cha, rumba, slow jive etc) followed by a half hour of free time to practice, laugh and socialise. \$15pp. For more info ph Lisa on 021 828-531.

Lynn's Ukulele Group (L.U.G.S.) Tuesdays 1.30- 2.30pm, Paparoa Sports Pavilion. \$10. New players welcome. Also beginners guitar class 1pm. Ph Lynn 0274 583 691.

Paparoa Beats 88.3fm Community radio based right here in Paparoa. A "Beautiful Resistance" to the mainstream. Also available online at paparoabeats.radio12345.com. If you would like to get involved and play your own tunes you can contact them on paparoabeats@gmail.com.

Traditional High Tea

*Come and enjoy good food and some activities
August 2nd Theme: Safari*



Contact Kirsten to book a place - 021 1807 321 Cost \$8

Grow Paparoa Inc. Whakatipu Paparoa

AGM

**Wednesday 17th
September 2025, 5pm**

Paparoa Sports Pavilion

All welcome

Secretary
S. Skelton

Paparoa Library

AGM

**Saturday 23rd
August at 1pm**
at the library.

All Welcome

Disgusting - shame on you!!

This filthy mess was what people passing through Paparoa on the morning of July 23rd were greeted with. The Northland Waste truck came through at 11.40am, so there's no need for you to put it out until the morning of collection. Not the night before... PP



Paparoa Community Library

(Behind the Medical Centre)

Opening hours:

Monday & Wednesday 2pm - 4.30pm

Tuesday 10am - 1pm

Thursday 10am - 4pm

Friday 11am - 1.30pm

Saturday 10am - 12midday

Out of hours books can be returned to the returns box inside the door to the right at Skelton's Drapery.
Library Manager 09 431 7555 (During library hours)

REGULAR EVENTS, MEETINGS AND ORGANISATIONS

- Anglican Church St Marks** Hook Road, ph 431 8193 or 431 6224 for services info
- Ararua Church** 10.30am every Sunday. All welcome Ph 431 6622
- Art Studio, Ruawai** Wed 10-12noon ph Frances 439 2554
- Badminton** Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 021 056 7163
- Farmers' Market** Every Saturday 9-Noon, Village Green, Alistair, 027 525 4782
- Grey Power** Last Wed in month, 1pm, Anglican Church Hall, Maungaturoto
- Grow Paparoa** Thur/Fri 9am to 12pm at the Community Gardens
- Holy Trinity Anglican Church**, Maungaturoto, All welcome. Ph 431 8193 for services information.
- Kaipara Marching Team** Weds 4-5.30pm, M/gto, Ph Lyn Hutchings 022 070 8674
- Line Dancing** Thurs 10am-noon Paparoa Hall Ph Jackie Cornes 027 368 7298
- Mainly Music** Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520
- Matakohe Garden Circle** 1st Weds each month, 1pm, J Mackinnon 431 6689.
- Maungaturoto Opportunity Shop** Open Mon, Wed, Thurs, Fri 10am-3pm. Alternate Sat mornings 10am-1pm.
- Maungaturoto and Districts Rotary Club** Maungaturoto Centennial Hall, Tuesday evenings 6pm, Ph Stella 021 149 0877
- Otamatea Quilters** 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262
- Outdoor Bowls** Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884
- Pahi Hall** available for hire Ph Tina 0210335128
- Paparoa Community Church** Sundays 10.30am, 4 Hook Road, 431 6795 or Dave Porteous 0274 180 676
- Paparoa Box Fit** Every Wednesday 6-7pm, Stretching/Cardio/Boxing \$10, Paparoa Hall, Stacey Watson 09 283 9931
- Paparoa Dance to Music** Every Tuesday 10:30-11:30, Stretching/Balance/Resistance/Bands/Zumba, \$5, Paparoa Hall, Stacey Watson 09 283 9931
- Paparoa Garden Circle** 2nd Wed of month. Contact Raylee Over 021 2565 893
- Paparoa Hall** Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290
- Paparoa Library** Mon, Wed 2-4.30, Tues 10-1, Thurs 10-4, Fri 11-1.30, Sat 10-12. Library Manager 09 431 7555 during library hours. Returns Box at Skeltons
- Paparoa Lions** Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion
- Paparoa Mah Jong Group** 1st & 3rd Tues, Paparoa Hall 10-noon, Sara 021 0774947
- Paparoa Playcentre** Tuesday and Thursday 10am-1pm. Franklin Rd. Visitors welcome. paparoa@playcentre.org.nz
- Paparoa Primary School** 2025 - Term 3 - 14 July - 19 Sept, Term 4 - 6 Oct - 16 Dec Ph 431 7379
- Paparoa Toy Library** Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330
- Paparoa Volunteer Rural Fire Force (VRFF)** 1st and 3rd Monday of the month 6.30pm Depot Rd ph Ken Ogilvie 021 129 4042
- Plunket Ready Steady Wriggle** Mon 10am. At playcentre. Tina Ball 021 033 5128
- Selwyn Centre** Thurs 9.45am for over 65's, St Marks, Hook Rd, Ph Sue 431 6224
- Sports Pavilion** Functions Venue Bookings ph Jane Bailey 431 6148
- St Mary's Catholic Church** Maungaturoto 10am Wed, 4pm Saturday
- Table Tennis** Tues 7.30pm, Sports Pavilion \$2 Pete 021 056 7163
- Tennis** Tues Junior from 4pm, Adult 5.30pm, Ph Sue 431-6224, Pete 0210567163
- Yoga For Everyone** Tues and Fri, 9.30am, Sports Pavilion. Hatha yoga & more. \$15. Equipment provided. Beginners welcome. Ph Luciana for more info 0221896496

PLEASE UPDATE US WITH YOUR DETAILS: press@paparoa.org.nz

Paparoa Press CLASSIFIED ADVERTISING

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Marohemo Hall (Whakapirau Rd)

Available for bookings.

Small group meetings in the dining room or 100 people in the hall. Contact: Marie 021 18 25 311



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LOCAL TIDES for AUGUST 2025

TIDES - CALCULATED for PAHI-WHAKAPIRAU

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	9.44	16.08	17th	10.46	17.25
2nd	10.32	17.03	18th	11.59	05.54
3rd	11.30	18.10	19th	13.19	07.13
4th	12.39	06.35	20th	14.32	08.30
5th	13.50	07.43	21st	15.29	09.34
6th	14.49	08.47	22nd	16.17	10.25
7th	15.37	09.40	23rd	16.58	11.08
8th	16.19	10.26	24th	17.36	11.47
9th	16.58	11.07	25th	05.58	12.22
10th	17.36	11.46	26th	06.33	12.55
11th	06.00	12.25	27th	07.07	13.27
12th	06.40	13.05	28th	07.41	13.59
13th	07.22	13.46	29th	08.15	14.35
14th	08.05	14.30	30th	08.54	15.17
15th	08.52	15.19	31st	09.40	16.10
16th	09.45	16.16			

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

COAST TO COAST HEALTH CARE

Maungaturoto Medical Centre: 8am-5pm Mon-Fri 09 431 8576
 Paparoa Clinic: Open Tues and Thurs 8am-5pm..... 09 431 7222
 For urgent after hours medical service (Wellsford)..... 09 423 8086

DISTRICT NURSE Dargaville Hospital 09 439 3330
 Healthline - 24 hour service..... 0800 611 116

HOSPICE KAIPARA Dargaville Hospital 09 439 3330

KAIPARA DISTRICT COUNCIL Helpline 0800 727 059

LINKING HANDS Health Shuttle Service, Maungaturoto.09 431 8969

LIONS CLUB PAPAROA President Ken Chambers09 4317443

MAUNGATUROTO PHARMACY 09 431 8045

RIVERVIEW REST HOME 09 431 8696

OTAMATEA COMMUNITY SERVICES Community House 09 431 9080

PAPAROA LIBRARY Free Membership. Ph 09 431 7555 (Bus hours)
 Mon, Wed 2-4.30, Tues 10-1, Thurs 10-4 Fri 11-1.30, Sat 10-12

PAPAROA PLAYCENTRE paparoa@playcentre.org.nz

PAPAROA PLUNKET Plunket Nurse Louise 027 2823987 or 09 438 2508
 PLUNKET Helpline 0800 933 922

PAPAROA PRIMARY SCHOOL Principal Karyn Taylor.....09 431 7379

PHYSIOTHERAPIST At Paparoa Medical Centre, Mon, Tues, Wed.

Book on 431 9062 or email admin@maungaturotophysio.co.nz

PROGRESSIVE PAPAROA INC (PPI).....Pete Hames 021 0567163

PARENT PORT Inc. free help for families.. 425 9357 or 027 280 5093

Yarn heaven comes to the Kaipara again - Sunday 17 August 2025



If you are a knitter, crocheter, spinner, needle felter or into any fibre crafting, don't forget to put Sunday 17th August into your calendar.

The annual Kaipara Wool and Fibre Festival, is being held again at the Maungaturoto Country Club, from 10.00am until 3pm.

The Festival showcases the latest colours in yarn and fibre from talented fibre artists, with an absolute sea of colour and texture to delight the senses. It offers the opportunity to see and touch the exciting displays of yarn, (mainly from NZ Indie dyers), unspun fibre, tools and accessories all in one convenient place. The venue's large windows mean that the colours are shown in natural light.

You'll find yarn, and raw or dyed fibre, from various fibre animals including merino and other sheep breeds, alpaca, mohair and possum. Many of the fleece animals are farmed locally.



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It is always a great day out for knitters, crafters and their friends or families. With an onsite café, you can take a break with some yummy food, there is plenty of space to sit, knit and natter, and you can even book in for a relaxing arm/hand massage.

The list of our talented traders so far:

Wool on Wheels, Prosper Yarns, Miro Yarns, Silverhill Alpacas, Gumtree Gully, Stoneycreek Farms, Kerdon Alpaca, Dye Happy, Fantail Farm Mohair, Twisted Zisters, Fibre2go, Jumbuck Carding, Roxy Fibres, Lovells Yarns, Utakura knits and yarn and Crafted Stitch.

The Kaipara Wool and Fibre Festival 2025, is located at the Maungaturoto Country Club, 84 Bickerstaffe Rd, Maungaturoto.

Entry to event is free, with gold coin donation for carparking.

Plenty of parking, and indoors cafe on site. The Maungaturoto Club is a great central location with plenty of parking, space and light. It is located just over an hour north of the bridge, and an hour south of Whangarei. Close to Mangawhai, Kaiwaka, Paparoa.

Val

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